

Dear patient:

We are concerned about the spread of COVID-19 and its impact on our patients, therefore, making sure that our patients are cared for in a healthy and safe environment is our top priority.

Here are some of the precautions we are taking to prevent the spread of the virus while returning to a regular schedule at the surgery center in an orderly and safe fashion:

1. Our staff will be wearing masks; and we are asking our patients to wear masks when coming to the surgery center.
2. The staff has been trained on new hygiene and sanitation standards.
3. On the day prior to surgery, we are calling patients to confirm their surgery and briefly screening the patient to ensure they haven't come in contact with the virus or are showing any symptoms.
4. On the day of surgery, upon arriving the patients will be further screened downstairs in an open area where family members can wait.
5. Social distancing guidelines will be followed in the waiting rooms and any other areas related to Key Biscayne Surgery Center
6. To facilitate social distancing at our center, we will not be allowing any other person besides the patient in our waiting rooms in order to limit the amount of people in one area. Family members can wait downstairs in an open space or inside their cars if preferred while the patient is upstairs.
7. We are routinely cleaning high touched surfaces such as tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, sink, etc.

Please understand you have an important role in keeping our community safe. We ask that you frequently wash your hands and practice social distancing. We understand that this can be a stressful time for you. Please self-monitor and watch for any symptoms related to COVID-19 you might be experiencing. If at any time you are feeling sick, please report these symptoms to **your primary care provider** by calling **the office**. Thank you for your cooperation during these hard times. We appreciate your contribution in the prevention of the spread of this virus too keep our community safe.

Hand Hygiene

Please wash your hands frequently

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water for at least 20 seconds.

Why? Washing your hands with soap and water or an alcohol-based hand rub kills a virus what may be on your hands.

Avoid touching high-touch surface, if possible. If you do touch high-surfaces, wash your hands and avoid touching your face, nose, and eyes. Avoid close contact with anyone who is coughing or sneezing.

Social Distancing Activities

In order to stay connected and social, while keeping a 6-foot barrier, we encourage the following activities listed below.

- FaceTime, video calls, and phone calls with family and friends
- Independent activities like puzzles, reading books and magazines, coloring, listening to the radio, crafts, and watching movies.
- Take virtual tours of different places around the world, museums, and National Parks using Google Maps and YouTube
- Join a virtual book club
- Virtual exercise classes and guided meditation

A lot of different information is circulating about COVID-19 and sometimes it is hard to distinguish between fact and fiction.

For an updated list of Myth Busters, you can go to:

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/myth-busters>